

Broadcaster

February 29, 2012

NOTHING LESS...

The season of Lent is upon us. We were reminded on Ash Wednesday that "remember you are dust and to dust you shall return." We said our confessions and we are now on that journey for the next few weeks where we will try to live out that rugged and sometimes treacherous walk with Christ.

My church life as a youth and young adult didn't include a formal liturgy of confession each week. However, at my more conservative Protestant church in my home town, the pastor invited people to come forward each Sunday to the altar for prayer, for a time for prayers (for our sins) or to "receive Jesus as Lord and Savior." I attended worship on Sunday morning and evening as well as mid-week Bible study and worship. Sometimes I played the piano for the choirs as well. But almost every Sunday when that "altar call" was given, I would think I "should go up there" and I probably did so once a month. Why? I guess I felt I was never good enough to really be called a Christian. And the sermons were laden with guilt that I easily grabbed for my very own.

Then one Sunday after worship, I remember my father pulling me aside before we got into the car and he said to me, "Why do you feel you have to go forward publicly to profess your stance on your walk with Christ? Don't you know you're loved just as you are? You are God's child, you are beloved, and nothing less." I always remembered that.

During a recent worship service several people mentioned how the prayers were helpful to them. I found some of the lines (*Words of Assurance*) in a resource called *Seasons of the Spirit* and then added some of my own thoughts:

"Through forgiveness, there is change, and in being forgiven,

there is an unfolding, an un-crushing, an enlivening, and the bringing of life. God says: I will unfold your pain, I will un-crush your soul, I will un-crease your hope, and in that transformation, together you might be reminded once again that you are loved."

To ponder:

What hopes need to be un-creased in your life? What hopes have you stored away neatly in a drawer that are slowly fading?

What parts of your soul do you need to un-crush? Who or what has wadded up and tossed away the very vulnerable and sacred piece of your heart?

What pain needs to be unfolded, knowing you may open up old wounds not yet healed?

Lent is a time to "give up" or "take on" new projects, new disciplines and whatever you wish to make your top focus. But I encourage you to have a "risky Lent" and get real with God and one another so you might be transformed into a new creature.

These final words are for you: (*Seasons of the Spirit*)

"Friends, know that God empowers us to rid ourselves of any sense of failure or wrong, and invites us to celebrate that we are nothing less than God's beloved. Amen."

May it be so in your life...and nothing less.

Pam

WORSHIP SERVICES

MARCH 4, 2012

Second Sunday in Lent
Holy Communion
Family Worship

8:00 a.m. *A Time for Reflection*

10:00 a.m. *Community Worship*

Sermon:

"Healing Relationships: Faith"
Rev. Dr. Doug Busby

MARCH 11, 2012

Third Sunday in Lent

8:00 a.m. *A Time for Reflection*

10:00 a.m. *Community Worship*

Sermon:

"Healing Relationships: Self-Control"
Rev. Dr. Doug Busby

MARCH 18, 2012

Fourth Sunday in Lent

8:00 a.m. *A Time for Reflection*

10:00 a.m. *Community Worship*

Sermon:

"Healing Relationships: Forgiveness"
Elizabeth Hartung-Ciccolini, Seminarian

MARCH 25, 2012

Fifth Sunday in Lent

8:00 a.m. *A Time for Reflection*

10:00 a.m. *Community Worship*

Sermon:

"Healing Relationship: Promises"
Rev. Dr. Pam Keckler



SURVEY RESULTS ARE IN

Two presentations will be made highlighting key results from the recent GCC church survey: Sunday, March 4 and Sunday, March 18. March 4th presentation will be in the sanctuary at 11:15. March 18th will be in the Mayflower Room during the coffee hour immediately following the worship service. Please join members of the Senior Minister Search Committee as they present a summary of the survey results. These results are currently being incorporated into our GCC Church Profile which will be filed with UCC and will officially launch the posting for our new Senior Minister position.

We hope you can join us for one of these presentations.

The Senior Minister Search Committee

Tom Aldrich, Mike Lauesen, Steve Brown, Michael McGuire, Kara Clark, Pam Reidy Ed Detwiler, Brad Smith, Jane Hund, Sally Thuresson, Chair

USHERS NEEDED

Are you a new member of the GCC family? Have you been a member for awhile and are looking to increase your involvement at GCC? Become an usher. It is a great way to meet the growing family of GCC and provide a service to the church without a big time commitment. Volunteering to be an usher will strengthen our congregation and enrich not only your life but the lives of all our GCC family. If you are interested in finding out more, please contact John Roth at jwrlcd95@yahoo.com or (847)832-9282.

NIGHT MINISTRY COOKIES

Wow!!! The kitchen was filled with cookies on Sunday morning. Many of us baked and some bought cookies for our 13th Night Ministry Cookie Day. That evening the PYF and 678 Club packed them up 3 to a package and we had about 1,000 packages, 3,000 cookies. This was nearly double the number of cookies we brought last year. Hurray!! Many thanks to all who shared their love for others by participating in this wonderful annual event.

Dori & Elizabeth

ADULT EDUCATION

March 4 at 8:50 a.m. in the Chapel

The Spirituality of Forgiveness. Jesus told his disciple Peter to forgive seventy times seven. GCC Youth Director and seminary student Elizabeth Ciccolini shares her insights on forgiveness and its cleansing and empowering effect on the human spirit.

March 11 at 8:50 a.m. in the Chapel

The Spirituality of Retreat and Renewal. Two summers ago Rev. Dr. Pam Keckler spent part of her sabbatical on retreat at the Garden of the Gods in Colorado Springs. Join Pam as she describes the powerful connection between oneself and the Divine which can evolve while on retreat in a sacred space.



THANK YOU!

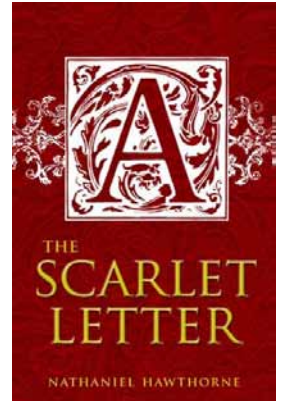
Thank you to each and every person who has put items in the Matanya's Hope collection box to help school kids in Kenya. A special thank you to PYF and 6-7-8 Club for making the fleece blankets! I am pleased to announce that my original goal of collecting 300 items has already been surpassed, so I am raising the bar and making it my new goal to collect 600 items. Any additional donations are greatly appreciated. I will be collecting items until June. Items needed are winter sweaters, coats, hats, or shoes. I will continue to sell Kenyan jewelry once a month after service in the Mayflower Room to raise additional funds. The next jewelry sale will be held on March 11. The money raised will pay the airline baggage fee (\$100 per bag) to transport all of your donations. So far, \$500 has been raised, but about \$1500 more is needed. Thank you again for all of your continued support.

Erica Grad

GCC 2012 GREAT BOOKS OF WINTER

March 7 and 14

In Puritan Boston, an alluring single mom must wear the sign of her shame, an embroidered "A," for all to see. A mere tale of errant lust, you say? Hardly. Nathaniel Hawthorne's 1851 classic weaves a web of guilt and treachery, sin and atonement that startles and compels us still. Join with fellow readers at 7 p.m. on Wednesday, March 7 and 14 in the Founders Room to discuss the novel and its 21st century relevance.



Reading note: For March 7, move past all prefatory material (including "The Custom-House") and read from Chapter I, "The Prison-House," through Chapter XIV, "The Minister's Vigil." Then, for March 14, finish the book.

For more information, contact Allan Ruter at 847-729-2368 or at aruter@comcast.net.

CHARLIE KING & KAREN BRANDOW IN CONCERT

FRIDAY, MARCH 9, 7:30 P.M. \$10

St. Michael's United Church of Christ
400 W. Washington, West Chicago, IL 60185
1 mile west of Rt. 59, between Rts. 38 & 64
Seating is limited. To order tickets call (630)231-0687 or email churchoffice@stmi-chelsucc.org.

Charlie King has been at the heart of American folk music for over 45 years. His songs have been recorded and sung by many other performers.

Karen Brandow brings the influence of classical guitar and the Latin American music of the "Nueva Canción" or New Song Movement. King and Brandow have been collaborating since 1998.

ST. PATRICKS' DAY POT LUCK DINNER



SUNDAY, MARCH 4TH AT 5:30 PM

Irish and non-Irish eyes alike will be smiling when you join us for fellowship, food, and fun at the annual St. Patrick's Pot Luck Dinner, sponsored by the Fellowship Board!

ENTERTAINMENT PROVIDED BY THE SHEILA TULLY IRISH DANCERS

Bring a dish to share:

A-G – Dessert H-M – Salad or vegetable
N-Z – Main dish

Suggested donation to offset the cost of the dancers:

\$10/family, \$5/person for singles or couples,
\$3/person for seniors

Please RSVP to C.J. Sultz by March 3rd with your name and the number of people attending to cj.sultz@us.mcd.com or (847)657-7079. The Fellowship Board will also be taking RSVPs during Coffee Hour on March 4th.

CONGRATULATIONS

Scott & Shannon Rocap announce the birth of their son on 2/11/12 - John Timothy Rocap. Proud Grandmother is Chris Rocap.

GCCNS OPENING

Exciting opportunity for an Administrative Assistant at Glenview Community Church Nursery School. This is the ideal position for someone looking to work approximately 10 hours per week during the school year with light summer work. Excellent communication skills are required to effectively interact with prospective families, parents, teachers, the Parent Board and Director whether in-person, via telephone, or over email. Strong computer skills with proficiency in Microsoft Word, Excel and Data Entry systems required, as well as excellent organization skills and self-motivation to prioritize workload according to volume and urgency. Patience and flexibility to work in a preschool environment is necessary.

If interested contact Marcia Kiraly at marciak@gccucc.org.

SUNDAY SCHOOL

Fourth grade Sunday school students will receive their Bibles on March 4, Family Worship Service in the Sanctuary. Regular Sunday school classes will not be in session. Childcare will be available.

Bible recipients:

Ailla S. Clark
Ashleigh G. Roth
Brendon Wolf
Caitlin Jade Noe
Caroline Rose Sultz
Charlotte Victoria Matik
Jack Allen Christiansen, Jr.

Jessica Jeanette Ehlinger
Karin Elizabeth Olson
Katerina Rose Wagner
Kendall Vega
Lauren Elizabeth Hartung-Ciccolini
Lauren Lee Loeber
Mark Jefferson O'Brien
Max O'Mera
Mitchell Brown
Peyton Eileen Bond
Sarah Eileen Eshoo
Sarah Elizabeth Lothian
Tegan S. Clark
Thomas Morgan
Trenton Bryce Paul



YUMMY BAKE SALE!

BOB MCGEE'S CONFIRMATION CLASS

Please support our bake sale to raise money for the American Cancer Society during coffee hour on Sunday, March 11. Every person in our Confirmation class has had a relative or friend who is fighting or has fought cancer. We made a decision to have a class service project to support the eradicating effort of this terrible disease. There will be plenty of home-made goodies for sale. All proceeds will be donated to the American Cancer Society.



CONFIRMATION

Confirmation will have regular scheduled classes on March 4, 11 and 18. No classes scheduled on March 25, April 1 and 8. Classes will resume on April 15.

8TH GRADERS

You will have a special two hour session with PYF on Sunday, April 15 from 9:00 a.m.-11:00 a.m. in the Youth Room.

678 CLUB

678 Club will meet on March 18, a new date. Participants will put together Easter baskets for children. Come to the Youth Room from 2:00 p.m. - 3:30 p.m. Bring a basket with some of your favorite items to put in it.

PYF WINTER FUN

March 4th

PYF Cooks: We will make some snack food; some healthy, some not, and some to take home. An old friend and special guest will join us at 4 in the Youth Room!

March 9-10

PYF Lock-In: Watch for the information in the mail. If you have not received it please let Elizabeth know.

March 18th:

We will make Easter baskets for the Northfield Township Food Pantry. Please bring some of the following items; candy, new toys (under 15 dollars), art supplies, plastic Easter Eggs, etc. 4 – 6 pm in the Youth Room.

WALKING PRAYING MEDITATING



The Labyrinth

Coming April 1st in the Mayflower Room

What is it?

A Labyrinth is a spiritual tool dating back to ancient times. It offers a pathway of prayer and a walking meditation. It is not a maze, with tricks, obstacles, dead ends, and many paths; a labyrinth has a single pathway for entering and exiting. No directional decisions are necessary. Its whole is always visible; the Labyrinth represents a blue print for your heart and soul.

History:

The earliest Labyrinths date from 3000 to 2500 BC. Labyrinth designs have been discovered among early Christian communities around 400 AD. During the 12th to 14th centuries, numerous cathedrals in Italy, Spain, and France had labyrinth designs built into the floor. The most renowned surviving labyrinth is in Chartres Cathedral, near Paris. It's believed that Christian pilgrims who could not afford to make the long journey to the Holy Land walked the

Labyrinth as a metaphor for their journey to Jerusalem.

Spiritual Relevance for Today:

Walking the Labyrinth is a personal journey. The single pathway that leads you to the center and out again enables you to free your mind from mundane thoughts and concentrate on the sacred. Your walk, pace, and personal experience are all your own. When will I be able to participate in the Labyrinth experience?

You are invited to walk the labyrinth at GCC in the Mayflower room on your choice of dates and times: Sunday, April 1, 9 am to 12 pm; Monday, April 2, Tuesday, April 3, and Wednesday, April 4, 4:00 pm to 8:00 pm. Guides will be available during these times. You are also welcome to walk any time the church is open.

(sponsored by the Pastoral Care Board)

BIBLE STUDY ON THE GOSPEL OF MARK

Join Rev. Pam Keckler on Monday evenings or Wednesday mornings during Lent for a look at the book of Mark and Jesus' ministry. There will be five sessions with Monday evening study from 7-8:15 PM or Wednesday morning study from 10:30-11:45 AM. Participant books will be available for your use or you may simply bring your Bible and show up! Contact Rev. Keckler if you have questions. We meet the month of March except for the last week during spring break. Then we'll conclude our sessions during Holy Week.

INDIVIDUAL MEDITATION AND PRAYERS

The Chapel will be open during Lent for your spiritual quiet time and reflection Monday through Friday from Noon to 5:00 pm during the month of March.

ALZHEIMER'S & RELATED DEMENTIAS SUPPORT GROUP

PRESENTED BY:

Marilyn Belleau, R.N., Parish Nurse
Courtney Bouker, LNHA
Mike Denesha, Support Group Leader,
Arden Courts of Northbrook,
Family Caregiving

Caring for a loved one with Alzheimer's disease or related dementias can be rewarding and a life changing experience. It can also be the most difficult of tasks and can take a serious toll on the mental and physical well-being of the caregiver. Current statistics show that almost 10 million Americans are caring for a person with Alzheimer's disease and related dementias.

Arden Courts of Northbrook, together with Glenview Community Church, welcome you to attend the monthly Alzheimer's and Related Dementia Support Group. With a clear understanding of the disease, education on specific care needs and issues, and support from others in the same situation, there can be life after diagnosis.

The support group will provide education and support for the entire family. Gain strength from others who face the challenges of caring for someone with Alzheimer's disease or related dementia. Support groups offer emotional support and information, as well as, provide a safe and positive setting to express fears and concerns and to share experiences.

The group meetings are free and open to the public. No reservation necessary.

Support Group meetings will be held from 1:00 p.m. – 2:30 p.m., the fourth Thursday of every month. The first meeting will be on March 22, 2012 at the Glenview Community Church Library at 1000 Elm Street, Glenview, IL.

For questions regarding the Support Group or other memory care services, please contact Courtney Bouker at (847)795-9000.

Co-Sponsored by Advocate Health Care Parish Nurse Ministry and Arden Courts of Northbrook Memory Care Community.

TWO WEEK LOOK AHEAD AT GCC

THUR	9:00 AM	Resale Shop until 5:00 PM, Plymouth Rm	THUR	9:00 AM	Resale Shop until 5:00 PM, Plymouth Rm
3/1	9:00 AM	GCC Yoga, Narthex	3/8	9:00 AM	GCC Yoga, Narthex
	9:00 AM	HOP Mailing, Mayflower Rm		12:00 PM	Lenten Meditation, Chapel
	12:00 PM	Lenten Meditation, Chapel		7:00 PM	Properties Board Mtg., Library
	4:00 PM	HOP Leadership Mtg., Parlor		7:00 PM	Basketball Practice, Gym
	7:00 PM	BSA 150 Patrol Leaders Council, Founders Rm		7:30 PM	Chancel Choir Rehearsal, Choir Rm & Sanctuary
	7:00 PM	HOP Operating Committee Mtg., Parlor	FRI	9:00 AM	Resale Shop open until 1:00 PM, Plymouth Rm
	7:00 PM	Children's Board Mtg., Rm 201	3/9	12:00 PM	Lenten Meditation, Chapel
	7:00 PM	Basketball Practice, Gym		1:00 PM	GCC Historical Project, Parlor
	7:30 PM	Chancel Choir Rehearsal, Choir Rm & Sanctuary		1:30 PM	GCC Pickleball, Gym
FRI	9:00 AM	Resale Shop open until 1:00 PM, Plymouth Rm		8:00 PM	AA Meeting, Parlor
3/2	12:00 PM	Lenten Meditation, Chapel		8:00 PM	AI-Anon, Rm 201
	1:00 PM	GCC Historical Project, Parlor	SAT	9:00 AM	Men's Open Gym, Gym
	1:30 PM	GCC Pickleball, Gym	3/10	9:00 AM	Resale Shop open until 1:00 PM, Plymouth Rm
	7:00 PM	Volleyball, Gym	SUN	8:00 AM	Reflective Worship Service, Transept
	8:00 PM	AA Meeting, Parlor	3/11	8:50 AM	Adult Education, Chapel
	8:00 PM	AI-Anon, Rm 201		9:00 AM	Confirmation Opening Prayers, Youth Rm
SAT	9:00 AM	BSA 156 Pancake Breakfast, Mayflower Rm		9:15 AM	Confirmation Classes, Various Rms
3/3	9:00 AM	Men's Open Gym, Gym		9:15 AM	Primary Choir Rehearsal, Rm 201
	9:00 AM	Resale Shop open until 1:00 PM, Plymouth Rm		10:00 AM	Community Worship, Sanctuary
SUN	8:00 AM	Reflective Worship Service, Transept		10:00 AM	Sunday School Classes, Rm 201 & Various Rms
3/4	8:50 AM	Adult Education, Chapel		11:00 AM	Fellowship Hour, Mayflower Rm
	9:00 AM	Confirmation Opening Prayers, Youth Rm		11:15 AM	Joyful Ringers Rehearsal, Bell Rm
	9:15 AM	Confirmation Classes, Various Rms		3:30 PM	Voices of GCC, Rm 201
	9:15 AM	Primary Choir Rehearsal, Rm 201	MON	12:00 PM	Lenten Meditation, Chapel
	10:00 AM	Family Worship, Sanctuary	3/12	1:30 PM	Pickleball, Gym
	11:00 AM	Fellowship Board Mtg., Rm 213		7:00 PM	BSA 156 Committee Mtg., Founders Rm
	11:00 AM	Fellowship Hour, Mayflower Rm		7:00 PM	Lenten Bible Study, Rm 5
	11:15 AM	Joyful Ringers Rehearsal, Bell Rm		7:30 PM	Mission Outreach Board, Parlor
	3:00 PM	New Member Class, Parlor	TUES	9:30 AM	Lectio Divina, Rm 5
	3:30 PM	Voices of GCC, Rm 201	3/13	12:00 PM	Lenten Meditation, Chapel
	4:00 PM	PYF, Youth Rm		6:30 PM	Sing to Live Rehearsal, Sanctuary
	5:30 PM	St. Patrick's Pot Luck Dinner, Mayflower Rm		7:00 PM	Pastoral Care Board, Parlor
MON	12:00 PM	Lenten Meditation, Chapel		7:00 PM	Adult Ed Board, Founders Rm
3/5	1:30 PM	Pickleball, Gym		7:00 PM	Stewardship Board, Rm 210
	5:00 PM	HOP Mtg., Palor		7:00 PM	Service and Sacraments Board, Rm 201
	7:00 PM	Lenten Bible Study, Rm 5		7:30 PM	Choir Director Search Committee, Rm 213
TUES	12:00 PM	Lenten Meditation, Chapel	WED	9:00 AM	Resale Shop open until 1:00 PM, Plymouth Rm
3/6	5:00 PM	HOP Mtg., Palor	3/14	9:00 AM	Chapter 11, Founders
	6:30 PM	Sing to Live Rehearsal, Sanctuary		10:30 AM	Lenten Bible Study, Rm 5
	7:00 PM	Book Club, Chapel		12:00 PM	Lenten Meditation, Chapel
	7:30 PM	Pack 156 Committee Mtg., Rm 213		1:30 PM	Pickleball, Gym
	7:30 PM	Choir Director Search Committee, Rm 213		5:45 PM	Lenten Supper, Founders Rm
WED	9:00 AM	Resale Shop open until 1:00 PM, Plymouth Rm		6:30 PM	Taizé Service, Sanctuary
3/7	9:00 AM	Chapter 19, Parlor		6:30 PM	BSA Troop 156 Mtg., Gym
	10:30 AM	Lenten Bible Study, Rm 5		7:00 PM	Great Winter Books with Allan Ruter, Founders Rm
	12:00 PM	Lenten Meditation, Chapel		7:00 PM	Music Board, Rm 201
	1:30 PM	Pickleball, Gym		7:00 PM	Venture Crew, Rm Rm 7 & Gym
	5:45 PM	Lenten Supper, Founders Rm			
	6:30 PM	Taizé Service, Sanctuary			
	6:30 PM	BSA Troop 156 Mtg., Gym			
	7:00 PM	Great Winter Books with Allan Ruter, Founders Rm			
	7:30 PM	Confirmation Youth Board, Youth Rm			
	7:00 PM	Venture Crew, Rm Rm 7 & Gym			



ADULT EDUCATION , MARCH 4

8:50 a.m. in the Chapel

The Spirituality of Forgiveness. Elizabeth Ciccolini shares her insights on forgiveness and its cleansing and empowering effect on the human spirit.

ST. PATRICK'S DAY POT LUCK DINNER

SUNDAY, MARCH 4TH AT 5:30 PM

Irish and non-Irish eyes alike will be smiling when you join us for fellowship, food, and fun at the annual St. Patrick's Pot Luck Dinner, sponsored by the Fellowship Board!

BIBLE STUDY ON THE GOSPEL OF MARK, MARCH 5

There will be five sessions with Monday evening study from 7:00 - 8:15 PM. Participant books will be available for your use or you may simply bring your Bible and show up!

BIBLE STUDY ON THE GOSPEL OF MARK, MARCH 7

There will be five sessions with Wednesday morning study from 10:30-11:45 AM. Participant books will be available for your use or you may simply bring your Bible and show up!

THE SCARLET LETTER, MARCH 7

Join with fellow readers at 7:00 p.m. on Wednesday, March 7 and 14 in the Founders Room to discuss the novel and its 21st century relevance.

ADULT EDUCATION, MARCH 11

8:50 a.m. in the Chapel

The Spirituality of Retreat and Renewal. Two summers ago Rev. Dr. Pam Keckler spent part of her sabbatical on retreat at the Garden of the Gods in Colorado Springs.

CONFIRMATION YUMMY BAKE SALE! MARCH 11

Please support our bake sale to raise money for the American Cancer Society during coffee hour.

THE SCARLET LETTER, MARCH 14

Join with fellow readers at 7:00 p.m. on Wednesday, March 14 in the Founders Room to discuss the novel and its 21st century relevance.

678 CLUB , MARCH 18

NOTE: a new date. Participants will put together Easter baskets for children. Come to the Youth Room from 2:00 p.m. - 3:30 p.m. Bring a basket with some of your favorite items to put in it.

ALZHEIMER'S & RELATED DEMENTIAS

SUPPORT GROUP, MARCH 22

Support Group meetings will be held from 1:00 p.m. – 2:30 p.m., the fourth Thursday of every month in the church Library.



Wellness Screening

Sunday, March 18th
7:30 - 10:00 AM

Located in the Plymouth Room

Basic Blood Test Includes:

- Lipid Panel, Chemistry Profile, and Complete Blood Count (CBC) - **\$43**

Additional Tests Include:

- Prostate Specific Antigen (PSA) - **\$40**
- Thyroid Profile (T3 Uptake, T4 - Thyroxine, Free T4, and TSH) - **\$40**
- C-Reactive Protein (CRP) - **\$40**
- Colocare - **\$6**
- Bone Density Screening - **\$30**

(Sign up by Sunday, March 11th. There must be at least eight people signed up or it will be cancelled.)

To Register:

- Registration during coffee hours on Sundays March 4th and 11th. Payment is due at the screening. Cash or check will be accepted. Checks may be payable to Advocate Health Care.

Please contact Marilyn Belleau, Advocate Health Care Parish Nurse, with questions at (847) 724-2210 ext. 230 or Marilyn.Belleau@gccucc.org

DO NOT eat 8 hours prior to the screening. Black coffee and tea are OK.
DO drink plenty of water! Take any prescribed medication as usual.

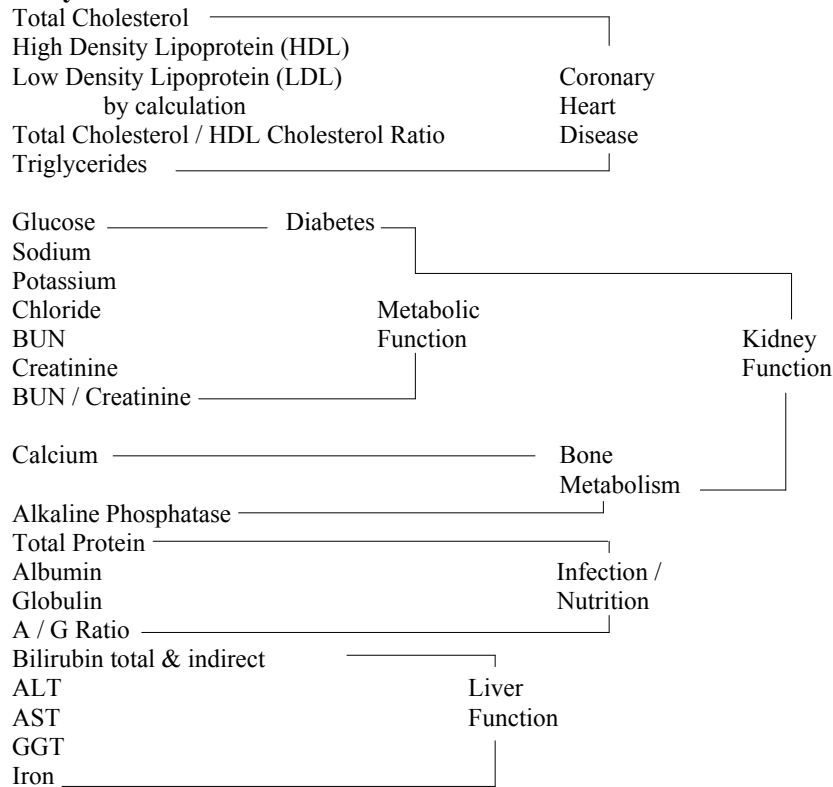
From 7:30-10:00 am other health activities will be in the Plymouth room. Stop by the nutrition display and pick up information about the new MyPlate eating plan.

Wellness Screening

Blood Draw

Cost: \$43

Lipid & Chemistry Profile:



Complete Blood Count (CBC):

A series of tests that look for blood abnormalities, infection, anemia, and certain cancers.

Blood pressure, self-serve height and weight are also included in the above testing.

These Additional Tests Are Available:

Prostate Specific Antigen (PSA) Blood Test

Cost: \$40

An ailing prostate secretes a substance called prostate specific antigen (PSA). In some cases, a PSA test can reveal the presence of cancer that the doctor cannot feel through a rectal exam.

Thyroid Profile Blood Test

Cost: \$40

T3 Uptake, T4-Thyroxine, Free T4 Index, TSH - An abnormal thyroid function may result in an unexplained weight gain, hair loss, sluggishness, dry skin or irregular periods. A thyroid test is also recommended for those with a family history of thyroid disease, or women 45+yrs.

C-Reactive Protein (Cardio CRP)

Cost: \$40

High levels of this protein in the body are linked to inflammation in the blood vessels. This can be an early indicator for hardening of the arteries.

ColoCare

Cost: \$6

Colon cancer take home test.

Bone Density

Cost: \$30

Screening for women only through an ultrasound of the heel. This 5 minute screening detects your risk for developing a fracture.

Payment for these tests are payable to Advocate Health Care by cash or check.

GLENVIEW COMMUNITY CHURCH
1000 Elm Street
Glenview, IL 60025-2897

Phone: (847) 724-2210
Fax: (847) 724-2213
E-mail: gccucc@gccucc.org

OFFICE HOURS
Monday - Friday
8:30 am - 4:30 p.m.

MINISTERIAL STAFF

Rev. Dr. Douglas Busby, MD, *Transitional Senior Minister*
Rev. Dr. Pamela Keckler, *Minister for Spiritual Formation &
Church Operations*

DIRECTORS:

Marilyn Belleau, RN, *Health Ministry*
Kathy Lifton, *Children's Ministry*
Elizabeth Hartung-Ciccolini, *Youth Ministry*
Debby Shellard, *Children's Choirs*
Gary Wendt, *Music & Organist*

AFFILIATES:

Marcia Kiraly, *Director, GCC Nursery School*
Barbara Thewis, *Manager, Resale Shop*

Nonprofit Organization
US Postage
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RETURN SERVICE REQUESTED



Don't forget on Sunday, March 11, 2012 at 2:00:00 AM
clocks are turned forward 1 hour.